

MONTREAL

The bilingual city of Montreal is safe, innovative, cosmopolitan, friendly and welcoming.

COST OF LIVING

On average, you should expect to spend between \$ 900 and \$ 1,500 CAD per month which is more affordable than other cities such as Toronto or Vancouver. Obviously, the amount you spend during your stay at ESG UQAM will depend on your lifestyle and habits (accommodations, excursions, trips, restaurants and all other activities).

MONTREAL PUBLIC TRANSIT

The Montreal Metro is Canada's busiest subway system and North America's third busiest in daily total passenger usage after New York City and Mexico City. The metro system counts 68 stations and provides more than 1.3 million passenger trips each day. Students under 26 can benefit from a reduced student fare.

MAJOR EVENTS IN THE CITY | www.tourisme-montreal.org

All year, Montreal offers a variety of cultural, artistic, cinematographic and music events for everyone such as the Piknic Électronik, Tam-Tams, World Film Festival of Montreal, Montreal Fashion and Design Festival, Fall foliage, Indian Summer, Gardens of Light, Igloofest, Montréal en lumière, Nuit Blanche à Montréal, Butterflies go free, etc.

SPORTS FAN

The city has many professional teams such as the Montreal Canadiens (hockey), the Montreal Alouettes (canadian football), the Montreal Impact (soccer) and the Royal de Montréal (Ultimate Frisbee). The Rogers Cup for those who love tennis and the Formula 1 Grand Prix for those who love car racing are also held in Montreal each year. Many cyclist and running events are also held throughout the summer each year.

TRAVELS AROUND MONTREAL

From Montreal	Distance	By bus	From Montreal	Distance	By bus
Quebec	255 km	2h30	New York	600 km	6h30
Ottawa	200 km	2h15	Boston	500 km	5h30
Toronto	545 km	5h30			



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ESG

L'École des sciences de la gestion

INTERNATIONAL STUDENT EXCHANGE PROGRAM

BENEFIT FROM THE ESG UQAM EXPERIENCE
2014-2015



ESG UQAM

School of Management
Université du Québec à Montréal

ESG UQAM

Recognized for the quality of its practice-oriented education, the excellence of its applied research, and its international presence, the School of Management (ESG UQAM) asserts its leadership with a bold vision for the future.

IN FIGURES

- 290 professors
- 570 lecturers
- 125 employees
- Over 14,000 students in all our undergraduate and graduate programmes
- 80,000 graduates
- Approximately 500 international exchange students per year

URBAN CAMPUS

Located downtown, in the heart of the city, UQAM's School of Management is close to the business center and to the blooming artistic and cultural life of Montreal. A few steps away from Old Montreal and many parks, the School is directly accessible via Berri-UQAM Metro, while also benefiting, close to its main entrances, of the BIXI bike rental service stations. Montreal's public transit runs day and night.

The ESG building is located on UQAM's central campus which regroups more than a dozen buildings including other faculties and university services. The School is also close to Montreal's main Library « Bibliothèque Nationale du Québec », to the « Cinémathèque Québécoise » and to coffee shops and restaurants where many students meet and study.

COURSES

Academic courses

All courses are either taught in French or English. The majority of courses are offered in French (the native language of the province), but courses are also offered in English to facilitate your exchange experience.

French course for non-French speakers

A course is available to international exchange students who wish to develop basic skills for oral and written communication in French. Free of charge.

For more information on all courses : international.esg.uqam.ca/en/exchange-programs/courses

UQAM'S ON CAMPUS SPORT FACILITIES

Free sports facilities include badminton court, basketball court, rock climbing wall, gym, and indoor swimming pool. Group activities are also offered (\$): zumba, boxing classes, yoga, dance classes and much more.



ACCOMMODATION

Housing is available both on (limited spaces) and off the campus.

- www.residences-uqam.qc.ca
- www.getyourplace.ca
- www.evosqvictoria.com
- www.varcity515.com
- www.appartcolocmontreal.com

ESG UQAM'S INTERNATIONAL OFFICE

The mandate of ESG UQAM's International Office is to provide orientation and support for students from outside Quebec, and to ensure they integrate comfortably, succeed in their studies and are satisfied with their experience at ESG UQAM.

The ESG Integration and Student Life Advisor for international students is available to assist newcomers throughout the year. Students should feel free to contact their advisor as needed.

SERVICES

- General orientation day with activities before the beginning of the semester
 - Rallye on campus and in the neighborhood
 - Welcome lunch
- Specific orientation day for non-francophone students
- Main social activities
 - International lunch & ice breaker activities
 - International Potluck
 - 5@7 International (Happy Hour)
 - Farewell Cocktail
- Messages of the week infoletter : a weekly email containing information related to academics, student activities and events happening in the city each week.
- Activities of the month infoletter : a monthly email sent out at the beginning of each month containing a list of events, festivals and activities taking place during the month in the city or on campus.
- Buddy program

VOYA-G COMMITTEE

The Voya-G committee is a group of local Quebecers students who have been on exchange and who organise outings for international students to help them integrate into Montreal and make friends.