

This program endorsed by:



\* All participants who attend this programme will receive certificate from UUM P2A.

\*Entitle for P2A Partner Institutions only.

#### Registration & Information:

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**UUM**  
Universiti Utara Malaysia

## EDUCATIONAL VISIT PACKAGE 2014



## Why You Should Join Our Program?

- The UUM campus is fully equipped with modern facilities and amenities, including well-equipped and fully air-conditioned halls and classrooms, student lounge and a 24 hours wireless internet facility.
- Internationally recognised go-kart circuit and other recreational facilities for canoeing, jogging, cycling, jungle trekking, climbing, abseiling and camping.

## Activities

Day 1



Arrive at UUM

Check in at the Student Residence Hall

Breakfast

Welcoming speech

- Representative from respective school
- Representative from guest

Academic dialogue session

University tour (UUM Scenery - UUM Gallery, Welcome Centre, Library etc)

Free & Easy

Dinner

Socialization activities with UUM Students Representative

Day 2



Breakfast

Depart to Homestay

Activities in Homestay (Agricultural Activities, Local Culture, Wedding Ceremonial Activities etc)

Lunch

Depart to Student Residence Hall

Activities in UUM (Archery, Go cart, horse riding)

Dinner

Day 3



Breakfast

Lecture Experience Programme

Lunch

Check-out

## Program Highlights

- Propose educational visits package are perceived to have value added to international student mobility program in UUM lead.
- Granting to international students involved relating the level of understanding about life / culture / global thinking different in their country.
- Establish and strengthen bilateral relations between Malaysia and the country in general and UUM involved, and in particular international University.





# Passage to ASEAN Offering at: Rangsit University, Bangkok, Thailand

“Promoting One Caring and Sharing Society”



## Contact Information:

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## Program Blackout Dates

1. December 20 – January 10

2. April 10 - April 20

## Country Information

Language: Thai

Population: 67 Million

Capital City: Bangkok

Currency: Thai Baht (THB)

Visa: ASEAN 1 Month “On Arrival”

Government: Constitutional

Monarchy

Monarch: HM King Bhumipol

Adulyadej

Prime Minister: Prayut Chanocha

(Military Junta)

Seasons: (Tropical Monsoon)

Hot/Dry: March – June

Hot/Rain: July – October

Temperate/Dry: Nov – February

Land Area: 513,000 sq km

GDP: USD 673 Billion

Per Capita: USD 9,874

Religion:

Majority Buddhist

Minority Muslim, Christian

Time Zone: Indo-China

Healthcare: Public/Private, National

Healthcare System available

Automobiles: Drive on the left

International Calling code: +66

ISO 3166 Code: TH

Internet TLD: .th

## Introduction

Located 30 minutes drive north of Bangkok, Rangsit University is a leading Private University in Pathumthani Province, with 32,000 Students. Rangsit is geographically and culturally where the City and Rural life meet and students will experience both in this program. Most importantly, P2A groups will participate in 7 activities in 3 days, which will give great insight into what it means to live as a Thai person in Rangsit.

## What to Expect at RSU?

Thai people are known for their hospitality; eager to learn about others and share about themselves. Culturally, Thailand is changing very fast! As a transforming economy, globalization has had a significant impact on Thailand. Thailand is changing from quiet, rural towns to big cities thriving with technology. Although Thailand was never colonized, a mixture of influences from neighboring countries can be found. During your time in Thailand and Rangsit, we especially encourage you to observe how traditional culture meets modern culture, and truly get an understanding of what it means to be Thai person in today's world!

### Day 1

#### **Activity 1 - Welcome Reception and Breaking the Ice: Thai Buddy (1-2 hr)**

**Lunch** – Local Thai Food with P2A Buddies

#### **P2A Activity 2 – Thailand Uncovered (3 hr Session)**

**Dinner** - Local Thai Dinner with P2A Buddies

P2A Talk with RSU Buddies (Dormitory)

### Day 2

**Breakfast** – On Campus Local Thai Food with P2A Buddies

#### **P2A Activity 3 – Becoming a Local & Giving Back (2 hrs)**

**Lunch** – Off Campus Local Food with P2A Buddies

#### **P2A Activity 4 – Special Activity (2 hrs)**

**Dinner** – **Activity 5 – Thai Marketplace (2 hrs)**

P2A Talk with RSU Buddies (Dormitory)

### Day 3

**Breakfast** – RSU Cafeteria

#### **P2A Activity 6 – Bangkok/Ayutthaya Cultural Tour**

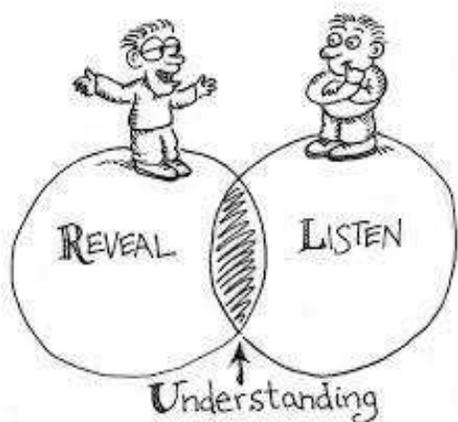
**Lunch** – Farwell lunch (Onsite)

#### **Activity 7 - Student Interviews, Reflection on Thai Experience**

(Continued tour if time allows, transfer to transportation as needed)

## Activity 1 - Welcome Reception and Breaking the Ice: Thai Buddy (1-2 hr)

*Time to get to know each other!* When the P2A group first arrives, they will meet with the P2A Coordinators and RSU Students. We will discuss the plans for the coming 3-day program in your orientation, followed by an ice breaking activity with the RSU students who will be your “Thai Buddies”. Your Thai buddies will continue with you during the next 3-day journey, and will be your true guide to understanding Thailand!



## Activity 2: Thailand Uncovered (3hr Session)

In this dynamic, fun and interactive session, students will learn about how Thailand has become the country it is today, and what it means to be a “Thai Person.” In this session, students will begin by discussing their pre-existing opinions and ideas about Thailand. Most importantly, we will discuss about modern culture and Thai identity. Students should be prepared to engage into discussion...debate encouraged!

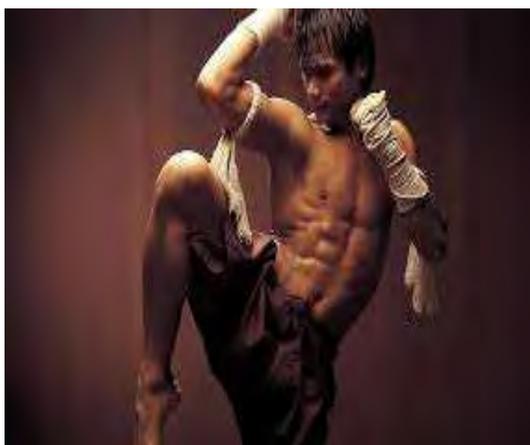
**Objective:** *To discuss in detail the essence of Thai life, people and culture, and how it has become the way it is, as well as, to take record of students pre-existing perceptions for future reflection.(ASEAN Game is Prerequisite)*

## Activity 3: Becoming a Local & Giving Back (2-3 hrs)

In this activity, the P2A group will visit a local temple, “Wat Hong” to experience and give back to the community. Thai temples, which are found in every town and province, are a center of community where people go for a vast array of reasons; including making merit, receiving advice from monks, school, rehabilitation and Buddhist prayer. For many temples, they serve as a center of the community. In this activity, the group will visit, interact and does some community service for the temple, just as Thai people do to “Make Merit.”

**Objective:** *To understand how Buddhism is the center of society for Thai People...“Not only must we be good, we must be good for something – Henry David Thoreau”*

*(This is not a religious activity, rather, an opportunity to understand a critical part to Thai society)*



## Activity 4: Special Activity (2 hrs)

*Time to become an expert!* In this Activity, the student group will have the chance to participate in a specialized activity in either Thai Kick Boxing OR Thai Cooking. Thai Kickboxing is an ancient form of self-defense, once used in battle, but today is Thailand’s National Sport. Different variations of the martial art can be found between Myanmar, Laos, Thailand and Cambodia. Students should Bring some basic gym clothes. The option For Thai cooking will be a short session where students learn about the different types of basic Thai foods, such as, the spices, ingredients, and classic dishes that make up a very important part of Thai life, FOOD!

**Objective:** *To learn in depth about a specific aspect of Thai culture that plays a major role in everyday Thai life, and has influences and close ties with neighboring countries and cultures.*

### Activity 5: Thai Marketplace (1 hr)

Get ready to try something new! In this activity, the P2A group will visit the RSU local market to explore and taste Thai foods. More importantly, the market is a local hub, where many people go every day after work/school. P2A Buddies will accompany the P2A group, to explain about the different types of foods, and encourage students to try new tastes!

**Objective:** Located only 500 meters from Campus, this activity is meant to show students similarities and differences between food in their home country and Thailand. The preparation and meals are a very important part of Thai Culture and Family!



### Activity 6: Field Trip: Bangkok/Ayutthaya

*Pack your camera!* In this final activity, the group will visit one of two cultural, historical beautiful sites of Thailand. Ayutthaya is the ancient capital of Thailand, where students will visit UNESCO heritage sites and temples. This is an important city for Thailand, as it was once conquered by the Burmese Army. Students also have the option to visit the historical “Wat Phra Kao” in Bangkok and visit the Grand Palace. Although The Royal Family no longer resides here, it is a great way to learn about the “Father and Mother” of Thailand, as His Majesty King Bhumibol Adulyadej is an extremely important part of Thai society and life.

**Objective:** To see important Historical Sites of Thailand to better understand how it has evolved into the country of today

### Activity 7: P2A Reflections

To conclude the P2A experience, the students will take time to individually, or in small groups, reflect on their experiences in Thailand over the last 3 days. In this final activity, the P2A Buddies will record any reactions that the students have, and more importantly, and changes in perception about Thailand and Thai people. This activity should reflect on the initial pre-existing opinions that they shared on Day 1, Activity 2.

**Objective:** To summarize and concluded what the students have experienced, and to make record of this as a form of analysis and reflection.



## Rangsit University, Thailand





# Passage to ASEAN JOURNEY

## FPT University

*Ho Chi Minh City, Vietnam 2015*

### Contact Information

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*Vietnam - a country in Southeast Asia- is proud of its long coast line for nearly 2000 miles. As a strip of land shaped like the letter "S", Vietnam is a transport junction from the Indian Ocean to the Pacific Ocean and the gateway to the mysterious Southeast Asia. Our country is known for its jungles and monsoon forests, which are diverse ecosystems that are alive with unique wildlife. Trekking is a popular activity in our country, particularly the mountains of Sapa and the primeval landscape of Cuc Phuong National Park. For a more urban escape, Food Street, motorbikes, Tra da via he (Ice Tea time on the street) are the most common things that any tourists can find in Hanoi, Saigon or Da Nang.*

#### FACTS ABOUT COUNTRY

*Location: Southeast Asia*

*Capital: Hanoi*

*National Holiday: September 2<sup>nd</sup>*

*Administrative divisions: 63*

*Population: Over 90 millions*

*Climate: Tropical*





## FACTS ABOUT FPT UNIVERSITY

*Establishment year: 2006*

*Campuses: Hanoi, Da Nang, Ho Chi Minh City*

*No. Local student: 17,000*

*No. International students: 100 (full-time) and above 500 (short-term)*

*Semester/year: 03 (Spring, Summer and Fall)*

*Member of FPT Corporation – the leading IT Company in Vietnam*

## Why FPT University?

FPT University - the best ICT training institution in Vietnam from 2008 to 2014 - has been on the dynamic movements toward globalization of Vietnamese Higher Education. Since 2012, FPT University has been the first university in Vietnam to have been ranked 3 stars by QS World University Ranking System (UK), in which the Teaching Quality is ranked 5 stars and Facility is 4 stars. With the terrific experience providing a variety of oversea study programs for more than 500 international students from USA, French, Portugal, Demark, Spain, Japan, South Korea, Taiwan, Malaysia and Thailand in the year 2013 - 2014, FPT University endeavors to be changed as a new destination in Southeast Asia for students who are seeking life-changing opportunities to get typical Oriental culture and education exposure.

## Program Agenda (\*\*Note: Schedules may vary due to Arrival/Departure time.)

### Day 1: Arrival Day

- Arrival at Tan Son Nhat International Airport
- Check in FPT University Campus
- Welcome Reception and Introduction from FPT International Office
- Workshop: Vietnam Discovery
- Campus tour
- Dinner

### Day 2: City Discovery

- Breakfast
- Ho Chi Minh City tour (all day)
- Shopping at Ben Thanh Market

### Day 3: Departure Day

#### Morning:

- Breakfast
- Closing Ceremony
- Lunch

#### Afternoon:

- Check out FPT University campus
- Departure

## *Workshop: Vietnam Discovery*

This is the session that provides students a brief understanding of Vietnamese language, culture and its history in the relation with the region and the World, as well as our economic transformation after the two wars in the past.



### *Ho Chi Minh City tour*

Once regarded as the Pearl of Indochina, Ho Chi Minh City is the largest city in Vietnam. While its previous (albeit still being passionately used) name Saigon might remind one of a turbulent shadow of a war, nowadays the city rises with modern skyscrapers, expansive shopping malls and ever-busy streets. Yet Ho Chi Minh City still be able to retain its past, with ornate pagodas or old mansions from the French colonial era.

The City tour will bring you to famous locations such as the Independence Palace, City Post Office, Notre-Dame Basilica or War Remnants Museum to learn more about the city and the

